



Recipe

CHICKEN SALAD WRAP

Prep time: 5 minutes

Serves 2



Ingredients

- 1 cup shredded (or chopped) chicken
- 1 tablespoon dijon mustard
- 2 tablespoons Greek yogurt
- 1 tablespoon crushed almonds
- ¼ cup Seneca Golden Delicious Apple Chips (crushed)
- ¼ cup celery (chopped)
- ¼ cup red onion (chopped)
- 2 large tortillas or wraps

Directions

COMBINE chicken, almonds, Seneca Apple Chips, celery, and red onion.

STIR in dijon mustard and Greek yogurt.

WRAP half of the mixture in each tortilla.

ENJOY